INTERNATIONAL SUMMIT
ON PSYCHEDELIC THERAPIES FOR MENTAL ILLNESS

PROGRAM OVERVIEW

16 - 19 NOVEMBER 2020 // MELBOURNE AUSTRALIA

2 Day Pre-Summit Introductory Workshop in Psychedelic Therapies
+ 2 Day Public Summit
JOIN US

Mind Medicine Australia will hold a two-day International Summit on Psychedelic Therapies for Mental Illness in November 2020 in Melbourne, bringing together clinicians, scientists, academics, mental and public health professionals, philanthropists, Government, law and policy leaders, business, industry, consumers and other interested stakeholders.

The event will also feature a two-day pre-Summit workshop program (16-17 November) for anyone with an interest in the topic and who is considering further development of their current therapeutic skills or who are eager to gain a detailed understanding of psychedelic-assisted psychotherapy for the treatment of mental illness.

The Summit will feature a rich program with a mixture of international and national keynotes, workshops, hot spots, panel conversations and gala dinner with Q & A.

Leading international speakers confirmed for the 2-day summit including Australia Ambassadors include: Head of Neuropsychopharmacology at Imperial College London Prof David Nutt (UK), Executive Director of MAPS Dr Rick Doblin (USA), psychiatrist, researcher and writer Dr Ben Sessa (UK), Head of the Centre for Psychedelic Research at Imperial College London Dr Robin Carhart-Harris (UK), James B. Duke Professor of Psychology and Behavioural Economics at Duke University, Prof Dan Ariely (USA/Israel), Anthropologist, ethnobotanist and Explorer in Residence at the National Geographic Society Dr Wade Davis (Canada), Chairman and CEO of Eleusis Shlomi Raz (USA), leading Psychotherapist and Founder of the UK TRIPP Network Maria Papaspyrou (UK), Clinical Psychologist who was part of the team working on psilocybin trials at Imperial College, Renee Harvey (UK), Associate Director of the Center for Psychedelic and Consciousness Research at Johns Hopkins University School of Medicine, Prof Matthew Johnson (USA), Founder & Executive Director Neuroscape Adam Gazzaley M.D, PHD (USA), Clinical Psychologist, Research Scientist and Author Dr Adele Lafrance (USA), Psychedelic Psychiatrist & Researcher Dr Reid Robison (USA), Director of the University of Auckland’s Health Psychology Practitioner Programme Dr Lisa Reynolds (NZ), Deputy Secretary, Health Products Regulation Group - TGA John Skerritt and more TBA.

Key themes will include:

- Ethical, legal, and implementation frameworks for psychedelic treatments
- The current state of mental health in Australia and existing treatments
- Clinical outcomes of psychedelic treatment for mental illness
- Therapeutic mechanisms of psychedelic treatments
- Enhancing effectiveness and minimising risks for psychedelic treatment
- The way forwards for Australia: Challenges and preparation towards creating a new paradigm
Over 45% of Australians will experience mental illness in their lifetime.

One in five Australian adults have a current chronic mental or behavioural condition.

Psychedelic therapies have been granted Breakthrough Therapy status by the FDA in the USA due to current promising research in the treatment of depression and PTSD. We look forward to collaborating with you to explore psychedelic treatment options to help address the mental health crisis we currently face, and offer treatments to those who need it most.

Together we can change the paradigm for mental health.

We are delighted to extend an invitation to you and your colleagues to gather in Melbourne on 16-19 November 2020.
**PROGRAM AT A GLANCE**

Introductory Workshop in Psychedelic Therapies:
Monday 16th November & Tuesday 17th November

### DAY 1: NOVEMBER 18TH

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45-9:30am</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td>9:30-10:30am</td>
<td>International Keynotes</td>
</tr>
<tr>
<td>10:30-11am</td>
<td>Morning Tea</td>
</tr>
<tr>
<td>11-12:30pm</td>
<td>Plenary Session (3-4 presenters of 15 mins each plus Q &amp; A and Moderator)</td>
</tr>
<tr>
<td>12:30-1:30pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:30-2:10pm</td>
<td>HOT SPOT circle sessions</td>
</tr>
<tr>
<td>2:15-3pm</td>
<td>Plenary Session</td>
</tr>
<tr>
<td>3-3:45pm</td>
<td>International Keynotes</td>
</tr>
<tr>
<td>3:45-4:30pm</td>
<td>Leaders Action Steps Panel (moderated)</td>
</tr>
<tr>
<td>4:30-5pm</td>
<td>Afternoon Tea, Cheese</td>
</tr>
<tr>
<td>6:30 for 7pm</td>
<td>Gala Dinner with International Keynote, Q&amp;A and Entertainment</td>
</tr>
</tbody>
</table>

### DAY 2: NOVEMBER 19TH

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-9:45am</td>
<td>International Keynote</td>
</tr>
<tr>
<td>9:45-10:30am</td>
<td>Plenary Sessions</td>
</tr>
<tr>
<td>10:30-11am</td>
<td>Morning Tea</td>
</tr>
<tr>
<td>11-12:30pm</td>
<td>Plenary Session (3-4 presenters of 15 mins each plus Q &amp; A and Moderator)</td>
</tr>
<tr>
<td>12:30-1:30pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:30-2:10pm</td>
<td>HOT SPOT circle sessions</td>
</tr>
<tr>
<td>2:15-3pm</td>
<td>Plenary Session</td>
</tr>
<tr>
<td>3-3:45pm</td>
<td>International Keynote</td>
</tr>
<tr>
<td>3:45-4:30pm</td>
<td>Leaders Action Steps Final Panel (moderated)</td>
</tr>
<tr>
<td>4:30-5pm</td>
<td>Afternoon Tea celebration with all presenters and delegates</td>
</tr>
</tbody>
</table>

* Subject to change
INTRODUCTORY WORKSHOP IN PSYCHEDELIC THERAPIES

(16 AND 17 NOVEMBER)

This Introductory Workshop for Psychedelic Therapies will run over two days prior to the International Summit on Psychedelic Therapies for Mental Illness. This will be a first-of-its-kind opportunity in Australia for those wanting to gain direct insight and training into this approach from international therapists in the field.

This workshop will be facilitated by leading Psychotherapist and Founder of the UK TRIPP Network Maria Papaspyrou (UK) and Clinical Psychologist for the psilocybin trials at Imperial College, Renee Harvey (UK).

The workshop will introduce participants to various approaches in psychedelic treatment for mental illness.

This workshop is open to anyone with an interest in the topic and who is considering further development of their current therapeutic skills. It is particularly for those who are aiming to work in this field as and when these therapies become legally available in Australia.

It will cover an introductory background history to psychedelic medicines, how they work and how they are applied in research and clinical settings. There will be a significant practical component focussing on integration of experiences – how to understand and use the kinds of experience commonly encountered when using these substances for better self-understanding and how trained therapists might help someone apply them in their own lives.

While not providing a qualification of any kind, attendees can obtain non-accredited Continuing Professional Development (CPD) certificates (related to your professional registration) for attending.

The workshop will also provide a taster for the contents of the longer Professional Development Program for clinicians and trained therapists due to commence early in 2021. These workshops are an opportunity to ‘test the waters’ for those interested in training up as certified medicine-assisted therapists. When this treatment receives regulatory approval in Australia, there will be demand for clinicians trained in the safe and effective provision of medicine-assisted therapy.

The workshops will cover all three phases of medicine-assisted therapy: preparation, medicine session, and integration. Workshops will incorporate the theoretical (neuroscience, psychology, psychotherapy), practical (instruction in methods of service provision), and experiential elements of treatment (process learning that deepens and develops clinicians’ capacity).
NEXT STEPS FOR A NEW PARADIGM IN MENTAL HEALTH

Please contact us for your chance to be involved:

Tania de Jong AM, Executive Director, Mind Medicine Australia
E: tania@taniadejong.com.au

Ilan Hayman, Operations Manager, Mind Medicine Australia
E: ilan@mindmedicineaustralia.org